

FIGHT THE FLU

PROTECT OUR COMMUNITIES



MYTH

The flu shot is dangerous. I can get the flu from the flu shot.



TRUTH

The flu shot is an affordable and safe way to protect yourself and your family. The flu shot doesn't contain a live virus, so it won't cause the flu.



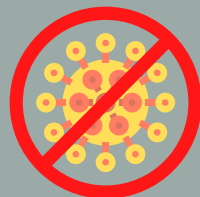
MYTH

Flu Shots are expensive, and hard to get without insurance, and a primary physician.



TRUTH

There are many community clinics, and pharmacies that offer low-cost, or free flu shots.



FLU & COVID-19

This Year getting your yearly flu shot is more important than ever. The flu can spread at the same time as COVID-19, contracting both at the same time can result in an extremely weakened immune system, and extreme complications.

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HEALTH//FACEBOOK.COM**

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MYTH

Melele eo ejjab jimweWa in flu eo ekauotata/ Imaron naninmij in flu ne inaj bok wa in.



TRUTH

Melele eo emoolElon wonen ko reman nan am maron bok wa in im ilo am bok wa in enaj jiban kejbarok iok kab baamle eo am. Ejelok kij ko remour ilo wa in nan koman bwe kwon naninmij.



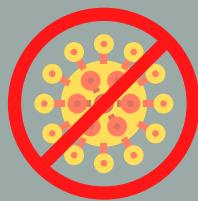
MYTH

Melele eo ejjab jimweElukun lab wonen wa in im jejab maron boke ne ejelok ad injuren (kein takto) im ejelok ad takto.



TRUTH

Melele eo emoolEwor jikin takto ko an jukjuk in bed ko ako jikin wia kin uno ko rej letok jiban ikijen wonen ko redrik ak ejjelok wonen nan bok wa in.



FLU & COVID-19

Flu im Covid 19Ilo iio in elablok an aurok jen mokta bwe kwon boke wa in Flu eo. Ilo torin naninmij kein ruo flu im covid 19 rej jimor ajeded, komaron boke aolep erro jimor ilo juon wot ien im enaj koman bwe en lukun mojno kij in tarinae ko ilo enbwinim im emaron wor kauotata.

FOR A LIST OF SITES OFFERING FREE FLU SHOTS VISIT OUR FACEBOOK! CENTER FOR MULTICULTURAL HEALTH//FACEBOOK.COM

FIGHT THE FLU

KULINDA JAMII ZETU.



MYTH

Homa ya mafua ni hatari / ninaweza kupata homa kutoka kwa risasi ya homa.



TRUTH

Homa ya mafua ni njia nafuu na salama ya kukuinga wewe na familia yako. Homa ya mafua haina virusi vya moja kwa moja, kwa hivyo haitasababisha homa.



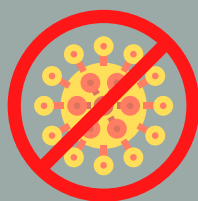
MYTH

Flu Shots ni ghali, na ni ngumu kupata bila bima, na daktari wa msingi.



TRUTH

Kuna kliniki nyingi za jamii, na maduka ya dawa ambayo hutoa gharama ya chini, au risasi za homa ya bure.



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ማህበረሰቦቻችንን ይጠብቁ ::

በየዓመቱ በተዋሳሰበ ኢንፍሉዌንሻ(ወረርሽኝን) ህመምምክንያት ሰዎች ይሞታሉ ::



MYTH

የጉንፋን ክትባቱ አደገኛ ነው / ኢንፍሉዌንሻ(ወረርሽኝን) ክትባቱ ኢንፍሉዌንሻ ላገኝ እችላለሁ ::



TRUTH

የጉንፋን ክትባቱ እርስዎ እና ቤተሰብዎን ለመጠበቅ ተመጣጣኝ እና ደህንነቱ የተጠበቀ ነው :: ኢንፍሉዌንሻ(ወረርሽኝን) ክትባቱ በቀጥታ ሻይረስ የለውም ፣ ስለሆነም ኢንፍሉዌንሻ አያስከትልም ::



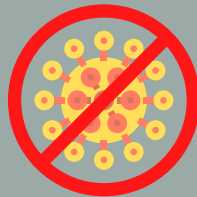
MYTH

ኢንፍሉዌንሻ(ወረርሽኝን) ክትባቶች ውድ ናቸው ፣ ያለጤና መድን ዋስትና እና ያለ ሐኪምዎ ትዕዛዝ ክትባቱን ለማግኘት አይቻልም::



TRUTH

ብዙ የማህበረሰብ ክሊኒኮች እና አነስተኛ ዋጋ ያላቸው ወይም ነፃ ኢንፍሉዌንሻ(ወረርሽኝን) ክትባቶችን የሚሰጡ መድሃኒት ቤቶች አሉ ::



FLU & COVID-19

በዚህ ዓመት ዓመታዊ ኢንፍሉዌንሻ(ወረርሽኝን) ክትባትዎን ማግኘት ከመቼውም ጊዜ ይበልጥ አስፈላጊ ነው:: ኢንፍሉዌንሻ ከ COVID-19 ጋር በተመሳሳይ ጊዜ ሊሰራጭ ይችላል ፣ ሆኖም በተመሳሳይ ጊዜ ቢያዙ እጅግ በጣም ደካማ የመከላከል አቅምንና እና ከፍተኛ የጤና ችግሮችን ያስከትላል ::

ነፃ የጉንፋን ክትባቶችን ለሚሰጡ ጣቢያዎች ዝርዝር የእኛን ፌስቡክ ይጎብኙ!

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